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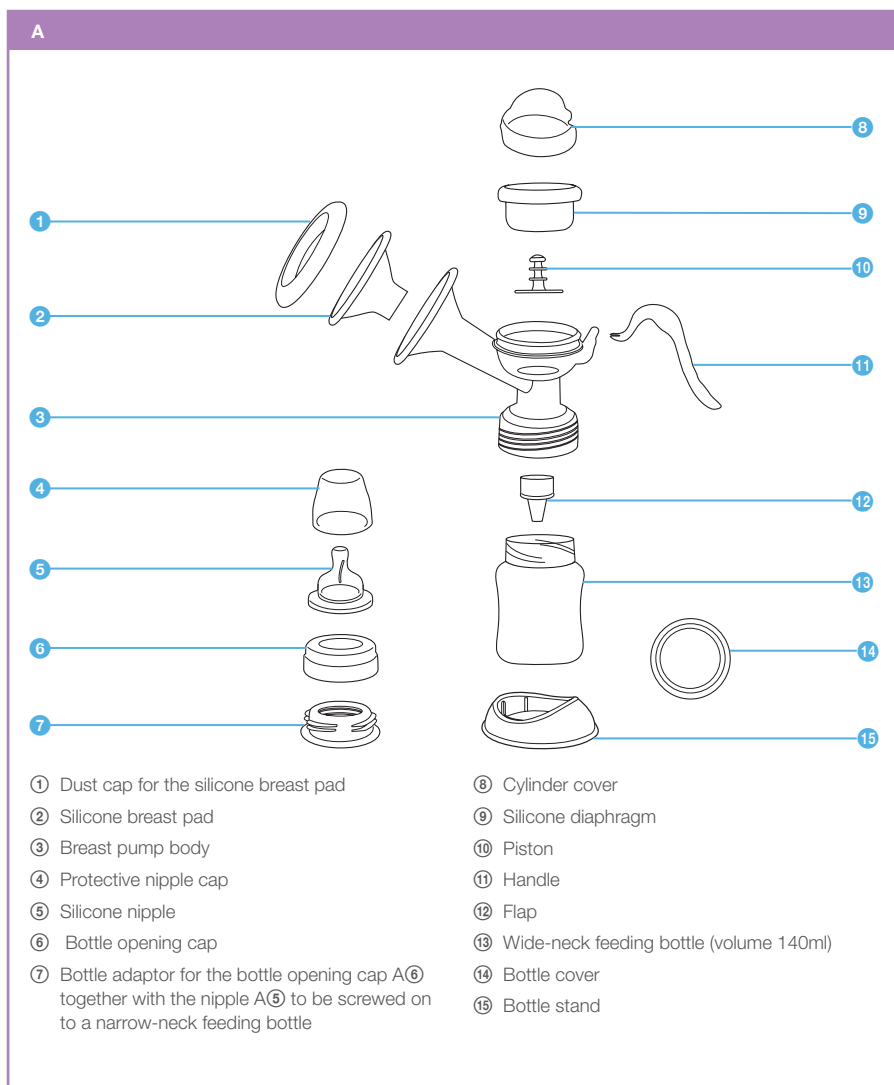
## Introduction

- It is generally accepted that breast milk is the natural diet for an infant providing the necessary nutrients for growth and protection against infections. A breast milk pump is a suitable additional accessory for breastfeeding mothers. It is particularly useful in situations where the mother is not able to breastfeed at regular intervals or when it is not possible to breastfeed directly from the breast, e.g. due to painful or fissured breast nipples and last but not least it helps alleviate engorgement, a painful condition where breasts are overfilled and expression of a certain amount of milk is necessary.
- The BBP 1000 Bayby manual breast pump is equipped with a two-phase system that simulates an infant's natural sucking action. In the first phase, the fast suction cycle is emulated, by which the breast nipple is stimulated to induce the lactation of breast milk from the mammary gland, resulting in gentle expression. This is followed by the second phase where a deeper slower suction action of the infant is emulated. In this phase, breast milk is expressed from the breast nipple and pumped into a bottle.
- The silicone breast flange is equipped with a massaging function that effectively stimulates the breast to evoke the breast milk lactation process, whilst designed to prevent reverse milk flow when it is pumped out.
- The basic accessories for the breast pump include a wide-neck feeding bottle and an adapter enabling the use of narrow-neck feeding bottles.

## Safety instructions and important notes

- Only use the breast pump in accordance with the instructions included in this user's manual. Not adhering to these instructions may result in incorrect operation of the breast pump or may damage it. Keep this user's manual for future use.
- This breast pump may be handled by children 8 years of age and older or by persons with physical or mental impairments or by inexperienced persons, if they are properly supervised or have been informed how to handle it in a safe manner and understand the potential dangers. Children must not play with the breast pump and its accessories.
- Only use the breast pump with original accessories.
- For hygiene reasons, the breast pump is intended for repeated use by only a single user.
- Do not use the breast pump outdoors, do not expose it to direct sunlight or put it down on an electric or gas stove.
- The breast pump is not intended to be used in the shower or bath.
- Do not use the breast pump in the event of excessive fatigue or sleepiness or while driving a motor vehicle.
- We do not recommend using the breast pump during pregnancy as this could induce childbirth.
- Do not attempt to take the breast pump off the breast while milk is being expressed. First, stop expressing milk and only then release the breast from the breast flange A②.
- In the event that you feel an unpleasant or painful pressure while the milk is being expressed, stop expressing milk and take the breast out of the breast flange A②. Perform a gentle massage and heat up the breast in the shower and then repeat the expression process. If problems persist, please consult a lactation consultant or your doctor.
- Clean and sterilise the breast pump according to the instructions contained in chapter "Cleaning and sterilisation".
- Cleaning may be performed by children if they are older than 8 years of age and under supervision. However, they must not perform sterilisation due to the risk of scalding.
- Do not use the breast pump if it is in any way damaged.
- Have all repairs or adjustments performed at an authorised service centre. By tampering with the appliance you risk voiding your legal rights arising from unsatisfactory performance or quality warranty.
- We recommend saving the original box, packaging material, receipt and responsibility statement of the vendor or warranty card for the duration of warranty. It is appropriate to move the breast pump in its original box.

## Description of the product

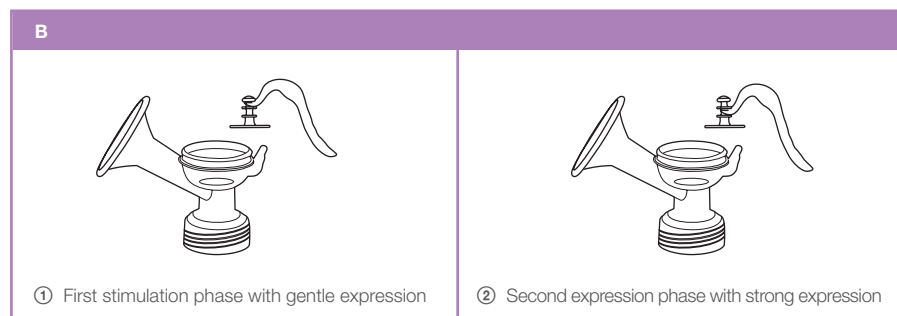
**Replacement accessories contained in the original packaging of the breast pump:**

1x flap A⑫, 1x piston A⑩.

**All parts are made from a material that does not contain BPA (Bisphenol A).**

## Assembling and disassembling the breast pump

- Before you start assembling the breast pump, clean and sterilise the individual parts according to the instructions contained in the chapter "Cleaning and sterilisation" and thoroughly wash your hands.
- Always assemble the breast pump according to the following instructions. Otherwise the suction intensity may decline.
- Check that no part of the breast pump is damaged or worn out and that all parts that will be used during the assembly are dry. Damaged or worn out parts must be replaced with new ones. To order replacement parts, please contact an authorised service centre.
- Slide the piston A⑩ into the hole in the silicone diaphragm A⑨ and push it until the piston A⑩ passes through the hole in the silicone diaphragm A⑨ down to its bottom edge.
- Insert the silicone diaphragm A⑨ into the breast pump body A③ and push it in until the silicone diaphragm A⑨ properly fits into the breast pump body A③ and its edges are located over the rim of the breast pump body A③.
- Place the groove of the handle A⑪ under the piston A⑩ and gently push it in until you hear it click in. The objective is for the handle A⑪ to fit into the tab on the breast pump body and for it to be properly fastened on the breast pump body A③.
- For gentle stimulation expression, place the handle A⑪ in the first position on the piston A⑩. For strong expression, which emulates the deeper and slower sucking action of the baby, place the handle A⑪ on to the second position on the piston A⑩. Figure B ① and ②.



- Place the cylinder cover A⑧ on to the breast pump body A③ with the handle A⑪ positioned according to the procedure above, so that the handle A⑪ fits into the hole in the cylinder cover A⑧ and gently push it in so that the cylinder cover A⑧ snaps on to the breast pump body A③ and correctly holds the handle A⑪.
- Insert the silicone breast pad A② into the brace on the breast pump body A③ and check that it fits tightly in the brace on the body of the breast pump A③.
- Attach the flap A⑫ by pushing its wider part into the bottom part of the breast pump body A③ so that the narrower part of the flap points outwards from the breast pump body A③.
- Screw a bottle A⑬ on to the underside of the breast pump body A③. Place the bottle into the bottle stand A⑮.
- To disassemble the breast pump proceed in the reverse sequence.

## Assembling and disassembling feeding bottles

- The instruction below describe how to assemble a feeding bottle and how to close it if you wish to store breast milk in it.

- Before you start assembling the feeding bottle, clean and sterilise the individual parts according to the instructions contained in the chapter "Cleaning and sterilisation" and thoroughly wash your hands.
- Assemble the feeding bottle by placing the nipple A⑤ into the bottle screw ring A⑥ and then screw the bottle opening cap A⑥ together with the nipple A⑤ on to the feeding bottle A⑬. If you wish to use a narrow-neck feeding bottle, connect the adapter A⑦ to the bottle opening cap A⑥ and nipple A⑤ from underneath and then screw this assembly on to the narrow-neck bottle. If you do not use the feeding bottle immediately after assembling it, we recommend that you place the protective nipple cap A④ on to the bottle opening cap A⑥ and nipple A⑤, which will protect the nipple A⑤ against dust.
- If you wish to store the milk in the bottle, close it according to the following instructions: Turn the bottle screw ring A⑥ so that the opening with the thread for screwing on the feeding bottle A⑬ points downwards. Place the bottle closing cap A⑭ with the convex side pointing downwards in the centre of the bottle screw ring A⑥ and push it down thoroughly along its perimeter until an audible click is heard.
- Turn the bottle cover A⑭ so that the bottle screw ring A⑥ is pointing upwards and screw it on to the neck of the feeding bottle A⑬. Now the feeding bottle A⑬ is closed.
- You can check for leaks by turning the feeding bottle A⑬ with the bottle cover A⑭ upside down.

### Note

Store and heat the milk according to the instructions contained in chapter Storing and heating up breast milk.

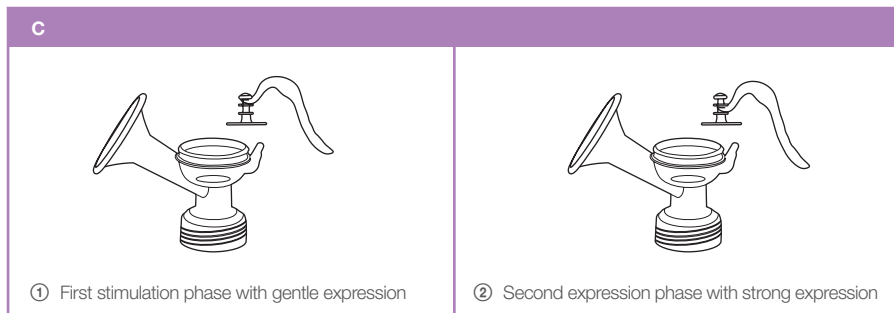
- For disassembly of the feeding bottle, proceed in the reverse sequence.

## Using the breast pump

- Prior to expressing breast milk, thoroughly wash your hands and wipe the breast with a wash cloth (ideally a disposable type) dipped in clean warm water.
- Seat yourself comfortably in a chair or armchair and rest your back against a backrest. It is not appropriate to express breast milk when bending over. Take the breast pump out of the bottle stand A⑮.
- Check the position of the handle A⑪ on the piston A⑩ and check that it is in the correct expression phase position that you wish to use.

### Setting the expression phase and intensity:

- For gentle stimulation expression, place the handle A⑪ in the first position on the piston A⑩.
- For strong expression, which emulates the deeper and slower sucking action of the baby, place the handle A⑪ on to the second position on the piston A⑩. Figure C ① and ②.



- Place the breast pad A② against the breast in such a way that the nipple is located in the middle of the breast pad A②. Use your thumb and index finger to hold the breast pad A② against the breast and use the palm of the same hand to support the breast. The breast pad A② must perfectly adhere to the breast.
- Press the handle A① and then release it slowly. At the same time, press the breast flange A② gently against the breast so that it is tightly seated and no air is drawn in.
- You can change the expression phase intensity at any time as required so that the expression is as pleasant as possible for you as described in chapter Using the breast pump – Setting the expression phase and intensity.
- After you have finished expressing milk, place the breast pump with the feeding bottle A⑬ into the bottle stand A⑮. The breast pump must not be tipped over, milk could flow out. Ideally, immediately upon finishing expressing milk, remove the bottle A⑬ with milk out of the breast pump body A③.
- Screw the bottle opening cap A⑥ with the nipple A⑤ on to the bottle A⑬ if you wish to feed the expressed milk immediately or close it according to the instructions contained in the chapter Assembling and disassembling feeding bottles.

**Note:**

To prevent spillage, do not fill the feeding bottle A⑬ with more than 140 ml of milk.

- Clean all used parts according to the instructions in chapter Cleaning and sterilisation.

## Tips and advice for using the breast pump

- If you feel an unpleasant pressure, lower the expression intensity.
- You can express milk first from one breast and then continue expressing milk from the other breast.
- If you are not successful expressing any milk within the time interval of approx. 5 minutes, stop the breast pump. First try relaxing for a while and warm the breasts up in a warm shower. Then try again to express the milk or postpone it to a later time when more milk has been created.
- Usually, 10 minutes should be sufficient to express the milk. This time is only indicative and may vary from person to person.

## Storing and heating up breast milk

- Only breast milk collected using a clean and sterilised breast pump is suitable for storage. Store the milk in sterilised containers designed for storing breast milk or in special disposable breast milk storage bags.
- To prevent the milk from leaking or absorbing other odours from an area in which it is stored, thoroughly close containers or bags before placing them in the refrigerator or freezer.
- Breast milk can be stored for up to 48 hours in a refrigerator (except for the door area) and up to 3 months in a freezer at a temperature of -18 °C.
- If you express the milk gradually and wish to mix the individual batches together into a single container and freeze them, do so no later than within 24 hours. It is only possible to mix batches that are cooled to the same temperature.
- Mark the containers or bags that you place in the freezer with a date.

**Note**

The feeding bottle A⑬ can be stored in a refrigerator or freezer.

- Before this milk is fed to an infant, it should be heated up to a temperature of approx. 37 °C. Frozen milk can be left overnight to defrost in a refrigerator. Defrosting in a refrigerator must not, however, take longer than 24 hours. Heat the milk gently in a feeding bottle warmer or in a container with warm water. Do not use boiling water as this could destroy the nutrients through high temperatures. Microwave ovens are not particularly suitable for heating breast milk, namely because of uneven heating.
- All parts of the bottle from which the milk is fed to the infant must be sterilised before they come into contact with the breast milk. Before feeding, always first shake the bottle and check the temperature of the milk. Dispose of any unused milk that has already been defrosted or heated up.

## Troubleshooting

- In this chapter you will find possible solutions to problems that you may encounter when using the breast pump. If you are unable to remedy the problem according to the following instructions, please contact an authorised service centre.
- Low or no suction intensity
  - Check whether the breast pump is correctly assembled and whether the individual parts are properly attached to one another. The connections between the individual parts of the breast pump must not be loose.
  - Check that the breast pad A② has properly adhered to the breast. Do not hold the breast pump by the breast pump body A③. While expressing milk, hold the breast pad A② on the breast with your thumb and index finger and support the breast with your palm.

## Cleaning and sterilisation

### Cleaning the breast pump

- Disassemble the breast pump into its individual parts, see chapter Assembling and disassembling the breast pump
- Before first use and after every use, thoroughly wash all parts in warm drinking water with a gentle dishwashing detergent. Then thoroughly rinse all these parts under clean drinking water and wipe dry with a wiping cloth or allow it to dry naturally. The above mentioned parts may also be washed in a dishwasher (in the top rack).

#### Note

In the event that you do not use the bottle opening cap A⑥, bottle adapter A⑦ or the nipple A⑤ then it is sufficient to clean these parts directly before their planned use.

### Sterilising the breast pump

- Before first use and every subsequent use, sterilise everything in a steam steriliser or boil in a pot for approximately 5 minutes.



#### Attention:

All parts must be clean prior to sterilisation. Cleaning instructions are provided in the preceding subchapter Cleaning the breast pump.

- It is not necessary to sterilise the bottle stand A⑯, the cylinder cover A⑧ and the handle A⑪ because these parts do not come into contact with breast milk or the breast.



## Storage

- Place the cleaned breast pump into, for example, a clean box or wrap it in a clean wiping cloth to protect it from dust. The breast pump can be stored assembled or disassembled. To protect it against dust, you can put on the dust cap for the silicone breast padA①.

## Technical specifications

Model number ..... BBP 1000

Operating conditions ..... Ambient temperature: 5 to 40 °C

Relative humidity ..... ≤ 65 %

## Explanation of symbols used on the product, its accessories and packaging



This symbol indicates that this appliance meets all the basic requirements of EU directives related to it.



This symbol serves to designate the production lot number.



This symbol indicates that a fee has been paid to an organisation performing recollection and utilisation of the packaging waste.



This symbol indicates the material from which the packaging is made.

The Czech language is the original version of the user's manual. Changes to text and technical parameters are reserved.